

## Visit of Air Marshall P.S Bhangu to Akal Academies

### 1. AA Talipura

Air Marshal Mr. Paramjeet Singh Bhangu visited our academy on 18.11.2019 (Monday). It was a pleasure having him here, our students were already very interested in serving their country by getting into NDA and his guidance and counseling was like cherry on the cake as they got to know a lot about his journey, NDA training, pay structure etc. Students were very keen to know all this as they barely get any counseling from their families. After the guided students all of them were filled with zest as they got a step ahead for their bright future at the end, I am very thankful to The Kalgidhar Trust for introducing us to such great personalities every now and then. It helps in motivating students as well as boosting the morale of my staff.



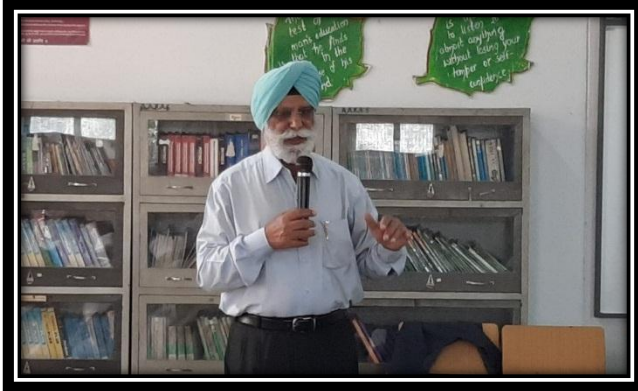
## 2. Akal Academy Kajri

**Air Marshal P.S. Bhangu** asked the students of Akal Academy Kajri to join the Indian Army. Courtesy of **Kalgidhar Trust Baru Sahib**, under the Career Guidance and Counseling session, students from class 9 to 12 were discussed about their career options after class XII. In this sequence, a seminar was organized under the leadership of Air Marshal Retd. Paramjit Singh Bhangu.

**Air Marshal Mr. Bhangu** has the experience of flying a fighter plane for 4000 hours and for his outstanding performance, the Government of India awarded him a **Vishishta Medal** and **Ati Vishishta Seva Medal**. He reached Akal Academy Kajri and inspired the students to choose the Indian Army as their career. He also told the students about the glorious history of the Indian Air Force. He said that discipline is the biggest basic mantra of life, if we work hard to achieve our goals by being disciplined, then we will definitely be able to realize our goals. He also said that not all people should join the Air Force itself, along with this, they can make their carrier in the various wings of Indian Armed Forces.

For the commissioned services in Army, students will have to work hard from class 10 and prepare for the NDA in a planned manner. He also shared some exciting and proud moments of his Air Force tenure with the students. At the end of the seminar, the students calmed their curiosities by asking many questions. The questions of the students were solved by Mr. Bhangu ji very technically. At the end of the program, Principal Mrs. Simran Kaur Thind thanked him and said that he will continue to motivate our children in the same way in future. On this occasion, students from **classes 9 to 12**, Mr. Vijay Pal Singh, Mrs. Kanak Tripathi, Mr. Avtar Singh, Mr. Joga Singh, Mr. Philip Xavier, Mr. Sudhir Kumar, Mr. Hardeep Singh, Mr. Nagendra Sharma, Mr. Jagveer Singh, Mrs. Shamandeep Kaur, Mrs. Anshul Bhardwaj, Mrs. Kanchan Mishra and many other teachers were present.





## **AA Gomti**

Retired Air Marshal Sardar P.S. Bangu Maturates the students of Akal Academy Gomti to Serve Their Mother Land.

The retired Air Marshal Sardar P.S.Banga addressed the students (IX-XII) and shared his experiences to encourage them to join N.D.A (National Defense Services)

Mr.Bangu reported to the Academy at 9:30am and addressed the students (XI-XII) at 9:45am (at pre-decided time). He, further, shared his experiences of army life and told them that how a soldier lives a disciplined life. Further he said that a disciplined life leads ones to the path of success. He told them that he joined NDA in 1967 and later was promoted as a 'Fighter Pilot' in 1972. The President of India awarded him with medals in 1992 for his bravery. An 1996 and 2011 he received some other medals for providing special services to the Indian Army.

During the program me Harpreet Singh (class XII-A), Naaz Khan (IX-A), Deepti Pandey (IX-A) also expressed their views on this topic.

Mrs Kulpreet Kaur, The Principal of Akal Academy Gomti and Sardar Balveer Singh, the Manager expressed special thanks for his gracious presence in the academy. The Principal remained present with all staff during the whole program me.

## **Visit of Bhupinder Singh Kholi to Akal Academies**

### **2. AA Mander Dona**

S. Bhupinder Singh Kohli Man of Extra ordinary Services visited our academy on 14.11.19. Program began with shabad by students of grade 7, which is tradition of our academy. Heartiest welcome speech by Headmistress A.A. Mander Dona, in which she highlighted social services achievement of Bhupinder Sir. Seminar was specially organized for the students of grade 9 and 10. He inspired all the students with his deep thoughts beyond everyday life with the examples from Guru Nanak Dev ji's teachings which we inculcate among human beings especially among young students. He highlighted special qualities among students like manners, health awareness, responsibility, helpfulness, Independence Nonviolence etc. He focused on emotional intelligence of the students. Duration of the session was approximately 1 hr. and 37 students and 7 staff persons attended this seminar. At last, views were shared by 3 students and vote of thanks by Headmistress. After that sir addressed 18 other faculty members including Headmistress for around 25 minutes in which he focused on unity, responsibility, teacher's behavior and sharing. Sir planted one sapling in the garden with students. It was inspiring session. We are thankful to our management for organizing such seminar on human values.



### 3. AA Kakra Kalan

A Seminar on 'Human values' was organized at Akal Academy Kakra Kalan on 14<sup>th</sup> November, 2019. Sardar Bhupinder Singh Kohli, a Guru- Panth- Da - Sewadar and an extraordinarily committed social worker shared his valuable thoughts on the subject. He addressed the senior students, whose feedback is as follows:

Students understood the need to follow the three basic principles of Shri Guru Nanak Dev Ji i.e. Kirat-Karo, Vand Chako, Naam Japo. They learnt the values of simple living and high thinking by focusing on the 3'R's in life -Rescue, Relief and Rehabilitation. Students were really inspired by the personal experiences shared by Sir on selfless attitude through videos of real life stories.

Students realized that they should limit the use of modern day gadgets as they are making us aloof and withdrawn. They also felt the need to spend more time with their elders and other family members. Students felt motivated by the moral and social values discussed with them and promised to help the needy and downtrodden by following the path shown by our Gurus.

#### **Feedback by Teachers**

The workshop was very inspiring and filled the teachers with a lot of positivity. The teachers were able to clearly understand the difference between being literate and being educated. They realized that we must exhibit moral values which are needed in today's time. Teachers found the story told about the 'Saify' community very inspiring. Teachers also understood that good health should be our first priority.

Teachers learnt through examples that we can learn qualities like togetherness, leadership, helpfulness and providing moral support from birds and animals. All were inspired to follow the teachings of Sri Guru Nanak Dev Ji and help others to the best of our ability. The most important lesson learnt was that- 'The communities which think about each other and help others are more developed and prosperous.



#### **4. AA.Seona**

##### **Feedback from Headmistress**

The lecture delivered by Mr. Bhupinder Singh Kohli was very interesting as well as eye opening. The matter discussed and enlightened were simple, which we encounter in daily life, but never think about deeply, by putting our self at that place. The meaning of simple English words such as kindness, polite, humble, respect and so on, were explained with the help of relevant examples. Those examples were practical and heart touching. I am whole heartedly thankful to Mr. Kohli for his visit because even if one word is actually understood by anyone of us, then the entire session has achieved a big success. Thanks again on behalf of entire Akal Academy Seona staff.

##### **Feedback from Teachers**

As per the feedback received from the teachers who attended Mr. Kohli's lecture, the session was very interesting and the angle of Mr. Kohli's thinking is very different from a normal person. Sir actually tries to feel the emotions from the gestures of the living world around, and a normal human mind either ignores or is not able to do so. The examples taken up were very heart touching and compelled everyone to at least give a thought over the issues in the world. Working over such small issues can bring a big change in one's life.

##### **Feedback from Students**

Students too found the session very interesting. They mentioned that the video clips shown were interesting and the experiences shared by Mr. Kohli were really amazing. They all liked the session and listened to him with good concentration. They all expressed their gratitude towards him for his visit.



## 5. AA.RASULPUR BAIT

To promote and spread the philosophy of value based education a session was conducted by Bhupinder Singh Kohli, one of the leading educationists of India, he enlightened 20 teachers, principal and 75 students about the significance of methods of value based education.

This lecture became significant considering the fact that youth are the future of the nation and society. To create leader of tomorrow who are strong intellectually as well as morally.

Specific examples were given to the students with respect to ethics and moral values to drive home the message.

The session talked about the key qualities which educators need to nurture in the students namely truth, worthiness and ethics.

This session was more than an hour. It also elaborated on the role of a teacher and how good teachers make a nation great with their services. It was really positive and motivational session that helped the participants gain confidence and believe in building a better society through education. The session ended with the plantation of a Neem Tree in the academy to build awareness about saving the environment.

## 6. News coverage

Warm welcome of worthy guest and tree plantation done by Sardar Kohli, students and teachers.

### गुरु नानक देव जी की शिक्षाओं पर चलें विद्यार्थी : भूपिन्द्र सिंह

कपूरखला, 17 नवम्बर (मल्लू): स्थानीय अकाल एकेडमी मंडेर दोना में प्रिंसीपल मनजीत कौर माहल व अध्यापकों की अध्यक्षता में गुरु नानक देव जी की शिक्षाओं व विचारधारा विषय को समर्पित एक समारोह कराया गया। इस मौके पर समाजसेवी भूपिन्द्र सिंह कोहली विशेष तौर पर पहुंचे। उन्होंने विद्यार्थियों को जहां नाम जपो, किरत करो व बांट कर खाने की शिक्षा पर चलने संबंधी प्रेरित किया वहीं पूर्ण गुस्मति विचारधारा पर भी पहच देने का संदेश दिया। उन्होंने कहा कि पूरे ब्रह्मांड की उत्पत्ति गुरु जी द्वारा रची बाणी में

से समझी जा सकती है। प्रिंसीपल मनजीत कौर माहल ने एकेडमी द्वारा विद्यार्थियों में गुस्मति सोच पैदा करने के लिए किए जा रहे प्रयासों संबंधी रोशनी डाली। उन्होंने गुरु जी द्वारा रचित मूल मंत्र को समूह जीवन का आधार बताते हुए विद्यार्थियों को अपना जीवन गुरुबाणी द्वारा दर्शाए रास्तों पर चलने के लिए प्रेरित किया। इस अवसर पर अकाल एकेडमी मंडेर दोना के स्टाफ द्वारा समाजसेवी भूपिन्द्र सिंह कोहली का सम्मान किया गया व गुस्मति विचारधारा अनुसार चलने के लिए वचनबद्धता प्रकट की।



कार्यक्रम के दौरान उपस्थित गण्यमान्य।

(सोपना)

दੱਸੇ ਗੁਰ ਅਕਾਲ ਅਕੈਡਮੀ 'ਚ ਮਨੁੱਖੀ ਕਦਰਾਂ-ਕੀਮਤਾਂ 'ਤੇ ਕਰਵਾਇਆ ਸੈਮੀਨਾਰ

### ਪੜ੍ਹਾਈ ਦੇ ਨਾਲ ਲਿਆਕਤ ਵੀ ਜ਼ਰੂਰੀ : ਕੋਹਲੀ

ਪ੍ਰਿਤਾਲ ਸਿੰਘ, ਸ਼ਾਹਕੋਟ



ਅਕਾਲ ਅਕੈਡਮੀ ਕਾਕੜਾ ਕਲਾ ਵਿਖੇ ਮਨੁੱਖੀ ਕਦਰਾਂ ਕੀਮਤਾਂ ਸਬੰਧੀ ਉੱਖੇ ਸਮਾਜ ਸੇਵਕ ਤੇ ਸਿੱਖ ਸਿੱਖਤ ਡੂਪਿਟਰ ਸਿੰਘ ਕੋਹਲੀ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਤੇ ਅਧਿਆਪਕਾਂ ਦਾ ਸੈਮੀਨਾਰ ਲਾ ਕੇ ਅਪਣੇ ਅਣਮੁੱਲੇ ਵਿਚਾਰਾਂ ਤੇ ਜਾਣੂ ਕਰਵਾਇਆ। ਉਨ੍ਹਾਂ ਉੱਚ ਸ਼੍ਰੇਣੀ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਅਪਣੀ ਨਿੱਜੀ ਜ਼ਿੰਦਗੀ ਦੇ ਵਿਚਾਰ ਸਾਂਝੇ ਕੀਤੇ। ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ ਤਿੰਨ ਸਿਧਾਂਤ 'ਕਿਰਤ ਕਰੋ, ਨਾਮ ਜਪੋ ਤੇ ਵੰਡ ਛਕੋ' ਬਾਰੇ ਵਿਸਥਾਰ ਨਾਲ ਦੱਸਿਆ। ਉਨ੍ਹਾਂ ਨੇ ਕਿਹਾ ਸਿੱਖਿਆ ਪ੍ਰਾਪਤ ਕਰਵਿਆਂ ਸਾਡੇ ਜੀਵਨ 'ਚ ਰਹਿ ਕੇ ਵੀ ਅਪਣੇ ਵਿਚਾਰ ਉੱਚੇ ਰੱਖ ਸਕਦੇ ਹਾਂ। ਉਨ੍ਹਾਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਅਪਣੀ ਜ਼ਿੰਦਗੀ ਦੀਆਂ ਅਸਲ ਹੱਡ ਬੀੜੀਆਂ ਦੀ ਵੀਡੀਓ ਦਿਖਾ ਕੇ ਜੀਵਨ 'ਚ ਬੰਗੇ ਆਦਰਸ਼ ਵਿਅਕਤੀ ਬਣਨ ਲਈ

ਅਕਾਲ ਅਕੈਡਮੀ 'ਚ ਚੁਣੇ ਲਾਉਂਦੇ ਹੋਏ ਡੂਪਿਟਰ ਸਿੰਘ ਕੋਹਲੀ ਸਟਾਫ ਤੇ ਬੰਧੇ।

ਪ੍ਰੇਰਿਆ ਤੇ ਬਚਿਆਂ ਨੂੰ ਬਜ਼ੁਰਗਾਂ ਤੇ ਹੋਰਨਾਂ ਪਰਿਵਾਰਕ ਮੈਂਬਰਾਂ ਨਾਲ ਜ਼ਿਆਦਾ ਸਮਾਂ ਬਿਤਾ ਕੇ ਜ਼ਰੂਰਤਮੰਦ ਲੋਕਾਂ ਦੀ ਮਦਦ ਬਿਤਾਉਣ ਲਈ ਵੀ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ।

ਉਨ੍ਹਾਂ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਵਾਅਦਾ ਕੀਤਾ ਕਿ ਜ਼ਰੂਰਤਮੰਦ ਲੋਕਾਂ ਦੀ ਮਦਦ ਕਰਾਰਾਂ ਤੇ ਗੁਰੂਆਂ ਦੇ ਦੱਸੇ ਹੋਏ ਮਾਰਗ ਵਾਅਦਾ ਕੀਤਾ।

'ਤੇ ਚੱਲਦੇ। ਅਧਿਆਪਕਾਂ ਨਾਲ ਵਿਚਾਰ ਸਾਂਝੇ ਕਰਵਾਏ ਕਿਹਾ ਕਿ ਇਕੱਲੇ ਪੜ੍ਹ ਜਾਣ ਨਾਲ ਹੀ ਅਸੀਂ ਸਿਆਣੇ ਨਹੀਂ ਬਣਦੇ, ਸਗੋਂ ਸਾਡੀ ਲਿਆਕਤ ਹੀ ਸਾਨੂੰ ਰੋਗਾ ਆਦਰਸ਼ ਇਨਸਾਨ ਬਣਾਉਂਦੀ ਹੈ। ਅਧਿਆਪਕਾਂ ਨੂੰ ਪੰਛੀਆਂ ਤੇ ਜਾਨਵਰਾਂ ਦੀਆਂ ਉਦਾਹਰਣਾਂ ਦੇ ਕੇ ਸਮਝਾਇਆ।

ਐਤ 'ਚ ਪ੍ਰਿੰਸੀਪਲ ਇਸਤਿੰਦਰ ਮਲਹੋਤਰਾ ਨੇ ਸੰਬੋਧਨ ਕਰਦਿਆਂ ਕਿਹਾ ਕਿ ਡੂਪਿਟਰ ਸਿੰਘ ਕੋਹਲੀ ਯੁੱਗ ਤੋਂ ਨੌਕ ਕੰਮ ਕਰ ਰਹੇ ਹਨ, ਜੇ ਸਾਨੂੰ ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ ਉਪਦੇਸ਼ਾਂ ਤੋਂ ਜਾਣੂ ਕਰਵਾ ਕੇ ਹੋਰਨਾਂ ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਉਹ ਜਾਤ ਜਾਂ ਸਮਾਜ ਹੀ ਜ਼ਿਆਦਾ ਤਰੱਕੀ ਕਰਦਾ ਹੈ ਜੋ ਦੁੱਜਿਆਂ ਦੀ ਭਲਾਈ ਬਾਰੇ ਸੋਚਦਾ ਹੈ। ਸੈਮੀਨਾਰ ਦੀ ਸਮਾਪਤੀ ਤੇ ਬਾਅਦ ਡੂਪਿਟਰ ਸਿੰਘ ਕੋਹਲੀ ਤੋਂ ਬਚਿਆਂ ਨੇ ਸਕੂਲ 'ਚ ਰੁੱਖ ਲਾਏ ਤੇ ਉਨ੍ਹਾਂ ਦੀ ਨਿਰ-ਸੁਆਚਬ ਹੋ ਕੇ ਪਲਟ ਕਰਨ ਦਾ ਵਾਅਦਾ ਕੀਤਾ।